

Successful CARF Accreditation

Our rehab program has received full accreditation for all three of our CARF Programs through August 31, 2022:

- Inpatient Rehabilitation Programs-Hospital (Adults)
- Inpatient Rehabilitation Programs-Hospital (Children & Adolescents)
- Inpatient Rehabilitation Programs-Hospital: Stroke Specialty Program (Adults)

This achievement is an indication of our organization’s dedication and commitment to improving the quality of the lives of the persons served. We take pride in achieving this high level of accreditation.

We will continue to expand our specialty areas and challenge ourselves to achieve loftier goals as our program continues to support the great work being done here at the medical center.

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Celebrating National Rehabilitation Awareness Week

September 15-21 is National Rehabilitation Awareness Week. The Rehabilitation Therapy Service Line recognizes all of our wonderful Rehab clinicians. We value their dedication to provide the best care to all of our inpatients and outpatients each and every day at UNC Hospitals!

Occupational Therapy

Occupational therapy provides treatment to help you live as independently and productively as possible when faced with serious injury, illness, surgical recovery or other health conditions. You can count on our trusting occupational therapists at UNC Medical Center to assist you in regaining your strength; relearn how to do everyday activities and find new ways of doing things you did before.

Physical Therapy

When health conditions make it difficult for you to move around and complete everyday tasks, physical therapy can make your life easier and minimize pain. Your physical therapist at UNC Medical Center's Physical Therapy may teach you exercises you can practice at home. Everything is designed to help you move better and keep fit.

Recreational Therapy

The primary focus of recreational therapy is to restore or improve your physical, cognitive, emotional and social functioning through the use of interventions structured to reach treatment goals.

Our staff at UNC Medical Center's Recreational Therapy Services assists other members of the health care team to create a positive and therapeutic environment by helping to relieve anxieties and stress associated with hospitalization.

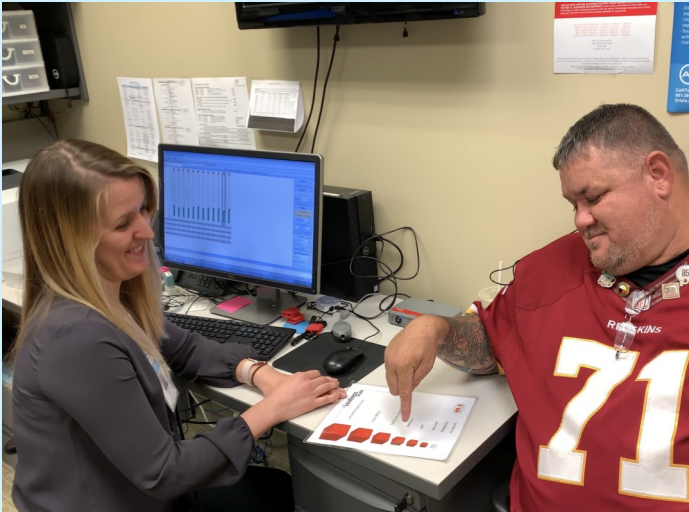
Child Life

Child life is a valued aspect of the care provided to children receiving inpatient or outpatient treatment in the N.C Children's Hospital. Child Life Specialists provide a non-threatening and normalized environment that enhances emotional expression, physical activity, social interaction, adjustment to hospitalization and healing through play.



Audiology

UNC Hospital's Department of Audiology provides a full range of diagnostic and therapeutic services to inpatient and outpatient populations. Our department consists of 13 audiologists who work collaboratively with UNC's Department of Otolaryngology- Head and Neck Surgery, all with the common mission to provide outstanding hearing care to all of our patients and their families. Our services are available at two convenient locations: the N.C. Neurosciences Hospital located on the main hospital campus, and our satellite clinic, the UNC Hospitals Hearing and Voice Center at Carolina Crossing.



Speech Therapy

Speech Therapists evaluate and treat deficits in swallowing, speech, communication, and cognition (thinking skills). Many times, these difficulties are seen in patients who have had a stroke or traumatic brain injury. But, they can also occur with a variety of other diagnoses. Our goals include assisting patients to return to safe eating, restoring functional communication, and assisting with return to functional daily activities such as managing medications, finances, and complex cognitive tasks.

Rehab Nursing

Rehab nursing work with patients and their families or caregivers after a life-changing illness or injury. Nurses work with the interdisciplinary team and serve as collaborators, care coordinators, educators, and patient advocates. They help to restore the patients' lives so that they can be as independent as possible and hopefully return to a community setting.



Triangle Heart Walk 2019

The Heart Walk took place on Sunday, September 22nd. It is the American Heart Association's premiere event that brings communities together to raise funds and celebrate progress in the fight against this country's No. 1 and No. 5 killers, heart disease and stroke. Rehabilitation Services and PM&R have joined together as the Well Beings team to help the American Heart Association help fight heart disease and stroke. UNCCMC, UNC Rex, UNC Hillsborough, and Duke, as well as many others all have great participation in this festive event. It is a great event for families and children.



More information on the Heart Walk can be found at https://www2.heart.org/site/TR?fr_id=4327&pg=entry / .

Racing for Ramps 2019



We had a phenomenal team and a great time participating in Racing for Ramps Fundraiser for Leadership Chapel Hill-Carrboro event. It was a scavenger hunt style race (similar to the televised show “Amazing Race”) that went through Chapel Hill and Carrboro. The race was a fundraiser to help support a partnership between UNC Health Care and Habitat for Humanity within Orange County to build ramps for patients in the hospital that are unable to return home until accessibility changes are made to their homes.



2019 SCI Lecture Series

Knowledge, Understanding, Caring

This September, SCI Lecture Series was hosted by UNC Rehab Therapy Services and focused on Empowering Individuals with a Disability, Acute and Rehab Management, as well as Outpatient Management. The series included everything from managing a patient with SCI in the acute care setting to an active lifestyle in the community.



Pictured Above: Jorge Tapia PTA, and Patrick Moseley PT



Pictured above: Sharon Wong PT, Alison Schuster OT, and Audrey Osinski PT

“Acute Care SCI Cases (3 Mini Cases)”

Presented by: Patrick Mosely PT, Leslie Labelle OTR/L, Tracy Nelson COTA/L

“SCI-Related Complications”

Presented by: Christine Cleveland, MD, Spinal Cord Injury Medical Director

“Community Re-Integration”

Presented by: Debbie Meyers, NCSCIA Chairman

Panel of Individuals with Spinal Cord Injury/Dysfunction

Moderated by: Dr. Karla Thompson, Director of Psychological Services

The primary goal of the Rehabilitation Service Line at UNC Hospitals is to provide quality rehabilitation and therapy services in an efficient, cost-effective manner consistent with the hospital's mission statement and strategic initiatives. The Rehabilitation Service Line consists of Occupational Therapy, Physical Therapy, Speech-Language Pathology, Rehabilitation Nursing, Recreational Therapy, Child Life, and Audiology as well as the 30-bed inpatient rehabilitation unit.



For more information, please contact:

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Visit us online at:

<https://www.uncmedicalcenter.org/uncmc/care-treatment/>

UNC Rehabilitation Center Highlights

A CARF* Accredited Stroke Program

July 2018 - June 2019

- 113 Stroke Patients
- 87.6% of stroke patients discharged from UNC back to the community; compared to 82.3% for the region and 79.2% for the nation
- >98% of patients participating in a satisfactory survey have stated they would recommend UNC Rehab to their family and friends

UNC Center for Rehabilitation Facts

July 2018 - June 2019

- 637 Admissions
- 626 Adults
- 11 adolescents (aged 13-17)



UNC Rehab Insider is published by UNC Rehab Services, part of the University of North Carolina Healthcare Network. Please direct your comments and questions to:
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