

# WHEN SHOULD YOU VISIT AN URGENT CARE *vs* ED?

## GO TO URGENT CARE

- + Allergies
- + Allergic reactions (no breathing problems)
- + Asthma attack (mild/moderate wheezing)
- + Bite — insect or minor animal bite
- + Broken bone (bone not coming out of the skin)
- + Burn (minor)
- + Cold
- + Cough
- + Dehydration
- + Diarrhea
- + Dizziness, fainting
- + Earache, ear infection, ear wax removal
- + Eye redness, pain, drainage
- + Fever (child is older than 1 month)
- + Flu
- + Foreign body removal (nose, ear, soft tissue)
- + Headache
- + Head injury (no loss of consciousness)
- + Pregnancy testing
- + Rash
- + Sexually transmitted infection testing
- + Sore throat
- + Sprain or strain
- + Stitches
- + Stomachache
- + Swallowed object (no trouble swallowing or breathing)
- + Urine complaints
- + Vomiting
- + Wound care

## GO TO EMERGENCY DEPARTMENT

- + Asthma attack (severe)
- + Breathing trouble, choking, blue lips/fingers
- + Broken bone (bone coming out of the skin)
- + Burn (serious, including burns to eye, electrical or acid burns)
- + Cast-related problems (soiled, wet, too tight)
- + Fever (infant is younger than 1 month)
- + Head injury (loss of consciousness)
- + Insect bite or sting with trouble breathing
- + Mental Health or Behavior concerns
- + Poisoning —  
**Call POISON CONTROL FIRST 800-222-1222**
- + Seizure
- + Shock
- + Suicide attempt or threat to self or others
- + Swallowed object (trouble swallowing or breathing)
- + Unresponsive or difficulty waking up

**IN A LIFE-THREATENING EMERGENCY, CALL 911**

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