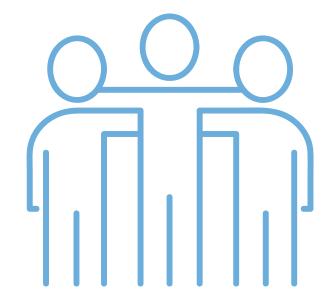
# PRESENTED BY UNC ENDOCRINOLOGY AT EASTOWNE

A UNC Hospitals Outpatient Clinic



LEARN TO THRIVE WITH DIABETES

## FOR MORE INFORMATION CONTACT US



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DIABETES
SELF-MANAGEMENT
EDUCATION
AND
SUPPORT PROGRAM

#### **ABOUT THE PROGRAM**

- Recognized by the American Diabetes
   Association
- Covered by most insurance plans
- Provides tools to better manage blood sugars
- Helps lower A1c up to 2%
- Led by certified diabetes educators

### OUR PROGRAM INCLUDES:

Key Areas of Diabetes
Self-Management:



#### **EASY TO ATTEND!**

- ✓ Have your doctor or provider place a referral
- √ Have a recent A1c available
- ✓ Check insurance coverage
- ✓ Call 984-974-2950 to get scheduled

## WHAT DO PAST ATTENDEES SAY?

66

Great experience!
Learned to eat healthier

Motivated me to be more active
Enjoyed what others shared
Helped me reach my goals
Use what I learned daily

99